

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

Holistic Wellness Programming

HWP January:

Cooking Demo: Vegan (15+): Wednesday, January 17 @ 6-7:30pm (Attendance: 12)

Central Library - Demo Area/Kitchen

A vegan diet excludes meat, dairy, and all foods derived from animals. You will learn how to make a quick and healthy meal using products found at your local grocery store. Tastings are included! Pre-registration required.

Yoga for All Levels: Saturday, January 20/27 @ 10:30am (Attendance: 14)

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath, incorporating meditation to regulate the nervous system.



Voice/Guitar/Songwriting Lessons Intermediate (15+): January 22/29 Mondays @ 4-5pm (Attendance: 21)

Windsor Park Library

Join award winning song-writer Javier Jara for voice, guitar and songwriting lessons. Skills addressed: left and right hand technique, chords, arpeggios, strumming patterns, vocal technique, and songwriting approaches.

Guitar Lessons (15+): January 23/30

Beginner: 2-2:30pm (Attendance: 10)

Intermediate: 2:45-3:15pm (Attendance: 11)

Tuesdays @ Twin Oaks Library

Join accomplished musician Mauricio Callejas for guitar lessons for beginners (finger placement, strumming, sight-reading) and intermediate (chord progressions, ear training, reading sheet music). Please bring your own guitar.

Gentle Flow Yoga (8+): Saturday, January 27 @ 10:30am (Attendance: 3)

Windsor Park Library

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Taller Abierto - Painting/Drawing Workshop: Saturday, January 27 @ 2-4pm (Attendance: 16)

Windsor Park Library

Art classes for all levels led by art instructor Miguel Santana. Includes both art history and exploration of different techniques. All materials provided!

HWP Upcoming:

Taller Abierto - Painting/Drawing Workshop: 1st Thursday of each month, February 1 @ 10-11:30pm

George Morales Dove Springs Recreation Center

Art classes for all levels. Includes exploration of different techniques. All materials provided! Pre-registration required.

Yoga for All Levels: Saturdays @ 10:30am

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Family Yoga: 1st Saturday of each month @ 12pm

George Morales Dove Springs Recreation Center

A space for kids and their adult to practice yoga together.

Chair Yoga: 3rd Wednesday of each month, February 21 @ 11am

George Morales Dove Springs Recreation Center

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Chair Yoga: 3rd Friday of each month, February 16 @ 10:30am

Yarborough Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Gentle Flow Yoga (8+): 3rd Saturday of every month, February 17 @ 10:30am

Windsor Park Library

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Voice/Guitar/Songwriting Lessons - Beginner/Intermediate (15+) Mondays @ 4-5pm

Windsor Park Library

Join award winning song-writer Javier Jara for voice, guitar and songwriting lessons. Skills addressed: left and right hand technique, chords, arpeggios, strumming patterns, vocal technique, and songwriting approaches.

Guitar Lessons (15+): Tuesdays

Beginner: 2-2:30pm

Intermediate: 2:45-3:15pm

Tuesdays @ Twin Oaks Library

Join accomplished musician Mauricio Callejas for guitar lessons for beginners (finger placement, strumming, sight-reading) and intermediate (chord progressions, ear training, reading sheet music). Please bring your own guitar.

Drumming Lessons: 2nd Sunday of each month, February 11 @ 1pm

George Morales Dove Springs Recreation Center

Learn to play drums influenced by West African, Afro-Latin and contemporary styles. Class starts with a movement warm up, then use drums, bells, and shakers to learn basic rhythms and play as a group. Drums provided - feel free to bring your own drum or percussion instrument.

Budgeting Workshop FREE!

with Business & Community Lenders of Texas
Wednesday, February 21 @ 6-7:30pm
 Little Walnut Creek Library
 835 W Rundberg Ln,
 Austin, TX 78758

Learn how to track your expenses and create a spending plan to start an emergency fund or prepare for large purchases.

Upcoming Financial Workshops at Little Walnut Creek Library

- **Start to Finish! Problem**
Wednesday April 21 6-7pm
- **Small Business Financial**
Wednesday April 21 7-8pm
- **Home Ownership Workshop**
Wednesday June 11 6-7pm

Pre-registration required.
 Please email maccw@wellness@austintexas.gov

****Tudas las clases son bilingües: inglés y español****
 Bilingual Spanish/Language Services at language@austintexas.gov
austintexas.gov/wellness

Budgeting Workshop: Wednesday, February 21 @ 6-7:30pm

Little Walnut Creek Library

What is your money personality and how does it affect your daily finances? Learn how to track your expenses and create a spending plan to start an emergency fund or prepare for large purchases. Facilitated by Business Community Lenders of Texas.



Community Conversation on Identity through Writing:

Thursday February 22 @ 5-8:30pm, Southeast Library

Cartonera is a social, political and artistic publishing movement that began in Argentina in 2003 and has since spread to countries throughout Latin America. Join us to socialize with guest artists and fellow community members. The artists will guide an interactive workshop to inspire your own cartonera, followed by a community conversation.

Taller Abierto - Painting/Drawing Workshop: Saturday, February 24 @ 2-4pm

North Village Library

Art classes for all levels led by art instructor Miguel Santana. Includes both art history and exploration of different techniques. All materials provided!

Chair Yoga: 4th Monday of each month, February 26 @ 11am

Willie Mae Kirk Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.



Cine de Oro: Tuesday, February 27 @ 9-12pm

Conley-Guerrero Senior Activity Center

Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served.

Youth and Family Education

Spring Break & Summer Camps

Parks and Recreation Camp information, which includes the ESB MACC's camps as well as other camps, is posted on www.AustinTexas.gov/SummerCamps. Please refer to that page for registration links and updates. On that page you will also find information on [Financial Aid Services](#) and [Inclusion Services](#).

Learn how to use the Parks and Recreation online registration system with accounts, logging in, registering and paying for camps online here: [Account Creation, Online Registration & Frequently Asked Questions](#).



[Siembra Spring Break Camp \(March 11-15, 2024\)](#)

Location: Asian American Resource Center

Camp Dates: **Monday-Friday. March 11, 12, 13, 14, 15.**

Registration Dates: **Starts on Feb 17, 2024 at 10:00am for residents, 12:00pm for non-residents**

Cost: **\$140 for Austin residents, \$220 for non-residents**

Ages: **6-12 years old**

[Registration Link](#). Flyer: [English](#) / [Español](#)



Cosecha Summer Camp (Summer 2024)

ESB Mexican American Cultural Center provides this camp for 10 weeks in Summer 2024 at the Asian American Resource Center. **Each session is one week. Please register for up to three sessions.** If you register for more than 3 sessions of a "specialty camp", you will be contacted by email to un-register from the additional sessions.

Location: Asian American Resource Center

Camp Dates: **Monday-Friday**

Registration Dates: **Feb 24, 2024 at 10:00am for residents, 12:00pm for non-residents**

* Early Registration Dates: **February 10 - 17** is the early registration period for families that have signed up for [Financial Aid Services](#) and [Inclusion Services](#). Early Registration will open at 10am on Saturday, February 10, 2024.

Cost: **\$140 for Austin residents (per week) \$220 for non-residents (per week)**

Ages: **6-12 years old**

[General Registration Link \(All Sessions\)](#). Flyer: [English](#) / [Español](#)

Lending Library

The Education team hit the ground running this January with Lending Library. This month, they offered 2 different classes. One team went to Virginia L. Brown Recreation Center and introduced Capoeira to 23 of their after-school participants. (photo at right).



The second team lead MACC-tivity Time at the Northwest Recreation Center after school program with 23 participants. The participants all enjoyed getting active with Capoeira and learning cultural crafts with MACC-tivity Time. We are excited to keep expanding our partnership with the Parks and Recreation Centralized Program Division.



Sábados en Familia

This month, the Education team read Lucero (Bright Star) by Yuyi Morales. This book explores the flora and fauna during a journey through the borderland desserts. They had 188 people in attendance and made clay cactus pots. Adults and children both enjoyed making the clay cactus pots.



The next Sabados en Familia will be February 10th, at the Central Public Library. The storytime will be One Whole Me by Natalia Jiménez Osorio and Dia Mixon. This book celebrates the wonderful parts of being bi-cultural and how they all form one whole you. Participants will make their own puzzle! All ages welcome. Free and open to the public.

After School The Community in Schools after school "Smart Kids" program is back in session! This month participants learned about and did activities based on Low Riders, Migration Patterns, and Lucha Libre.

EDU Outreach The Education team wrapped up the month at the Bob Bullock Texas State History Museum with an outreach event for Homeschool Day. On Friday, January 26th, the education team was invited to host a table during this event and showed participants how to make Corn Husks Dolls. Homeschool day welcomed over **486** students and **257** educators.

Caminos Teen Leadership Program

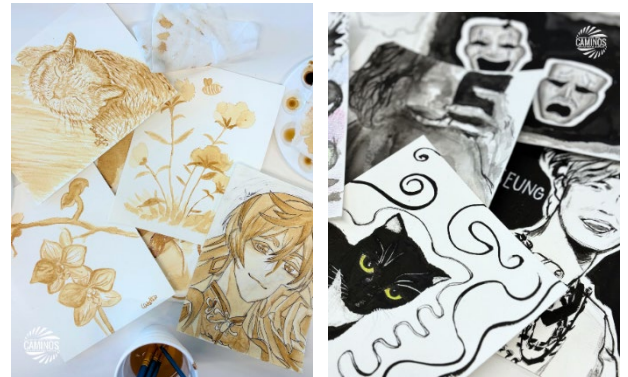


Caminos Teen Leadership program helped support Carver Museum with Martin Luther King Educational Activities for families. Caminos Students also took time out to think about how Dr. Martin Luther King helped in the cause to create equality for all. They created these zines in honor of Dr. Martin Luther King, pictured above.



Caminos Team and Students began planning Breaking Barriers Conference a Mental health conference for teens by teens. Pictured (at left) at are Adella our Senderista or Mentor to the class of 2024 who graduated 2023 and Nil Caminos Activity Specialist and Graphic Designer.

Caminos Students received classes by Artist Miguel Santana to create Paintings using Coffee and Ink. (Pictured at right)



Academia Cuauhtli Bilingual Education Program

The Cuauhtli camp registration is separate from the PARD camps. If you are interested in the **Academia Cuauhtli Aztech Kidz Code Summer Camp** for Summer 2024, please email Katya.Guzman@Austintexas.gov. For information about Academia Cuauhtli, please visit www.academiacuauhtli.com.

Outreach and Marketing



Eufemia and Olivia attended the Youth Career Fest on January 24th at Palmer Events Center to promote our youth programs and Summer job opportunities. We talked to over 200 high school students, many of whom were interested in applying to Caminos or attending Breaking Barriers. We also networked with dozens of non-profits like Girls Empowerment Network so we can invite them to our events.

Signature Events

La Mujer 2024 This is the ESB's Mexican American Cultural Center's Annual Celebration of Women. While we are securing a location, we may shift our date of April 20th to a few days/ weeks before or after. Please stay tuned in the next few weeks for an announcement of our La Mujer event 2024!

Awards of Excellence 2024, June 29, at the Long Center - SAVE THE DATE!

These awards, which were established by the MACC Advisory Board in 2009, recognize those individuals in Austin that have demonstrated significant leadership and have made meaningful contributions in the Latino/a cultural arts.

Event coordinator Estrella de Leon will offer ways that the MACC Advisory Board can assist us with the event, such as securing donations, helping with event planning, and having a role in the ceremony on June 29th.

2023 Reporting & Evaluation



EMMAS . BARRIENTOS MEXICAN AMERICAN CULTURAL CENTER
FY23 ANNUAL REPORT

We have published our "[Annual Report](#)" that highlights our major programs and events in 2023.

As part of the report, we link a survey to gather feedback from the community about what programs they want to see in 2024-2025.

You can find the report and the survey on the MACC homepage: AustinTexas.gov/ESBMACC.

The surveys are also linked in English and Spanish at www.MACCSURVEY.net and below.

[Program Planning Survey - English](#) / [Program Planning Survey - Spanish](#)

We've already received 20 responses and counting! We will report with the survey results at the next Board Meeting, and the survey will stay open so we can continue to accept responses.

In the Annual Report, designed by Florentino Diaz, we included a highlight of some of our program and event participation numbers from 2023:

of Participants in Education Programs

- 483 Academia Cuauhtli Saturday Sessions
- 420 Academia Cuauhtli Summer Camp
- 305 Cosecha Summer Camp
- 35 Breaking Barriers Teen Wellness Conference
- 404 Smart Kids After School Art Program
- 520 Morning Glories/Waterloo Park
- 172 Sugar Skull Workshops
- 300 Sugar Skull Kits

of Attendees at Signature Events

- 300 La Mujer
- 2500 Viva México
- 130 Awards of Excellence
- 2000 Día de los Muertos

of Participants in Holistic Wellness Programs

- 50 Afro-Latin Drumming
- 42 Gardening
- 57 Indigenous Healing
- 47 Voice/ Guitar
- 356 Yoga
- 250 Taller Abierto (Painting)
- 93 Swimming for Beginners
- 46 Cooking & Nutrition Classes
- 103 Mama Irene Film Screening
- 91 Tamalada
- 119 Rowing, Kayaking, Paddleboarding

ARTISTS & CREATIVES

In 2023, the MACC gave 550 artists and creatives a place to do their work! This number includes our instructors who have taught classes with the MACC, performers at our special events, and artists who worked on collaborative projects with the MACC.

SURVEYS

The ESB MACC received 1627 surveys in 2023. That's a lot! And in the survey, 87% reported that they increased their knowledge or appreciation of art & culture.

FOLLOWERS

The MACC Facebook @ESBMACC reached 11,000 followers in 2023!
On Instagram we just topped 3,000 followers!