

VARSITY GENERATION

Programs, events, and services for adults 50 and above.



George Morales Dove Springs Recreation Center
5801 Ainez Dr Austin Tx, 78744
512-974-3840

Monday

10:00-11:00am
Tai Chi
10:00-11:30am
Sewing



Tuesday

10:00-11:30am
Painting



Wednesday

10:00-11:00am
Knitting
11:00-12:00
Chair Yoga



Thursday

10:00-11:30am
Arts & Crafts



9:00-10:00am
Coffee Talk
10:00-11:30am
Daily Activity
11:30-12:30pm
Meals on Wheels
12:30-1:00pm
pick up

Friday

10:00-11:30am
Bingo/Loteria



Contact:

Ashlynn Payne

Ashlynn.payne@austintexas.gov

Meals on Wheels Now Available



austintexas.gov/varsitygeneration

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.

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512-974-3840



Lunes:

10:00-11:00am

Tai Chi

10:00-11:30am

Costura



Martes:

10:00-11:30am

Pintura



Miércoles

10:00-11:00am

tejido de punto

11:00-12:00pm

Silla de Yoga



Jueves

10:00-11:30am

Arte y Artesanía



9:00-10:00am
Charla de café
10:00-11:30am
Actividad Diaria
11:30-12:30pm
Comidas sobre ruedas
12:30-1:00pm
levantar

Viernes

10:00-11:30am

Bingo/Lotería



Contacto:

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Comidas sobre ruedas ya disponible



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